

1-DAY MAN-RIDING WINCH AWARENESS

Moses James Imoh

SEADRILL

Who has successfully completed a theory and practical based course designed to provide the delegate with the knowledge and skills to effectively, confidently and safely operate Man-ring Winches under the direct supervision of a competent person.

Theoretical and practical elements of the course comprised:

Applicable UK and Norwegian Regulations and Standards
 Industry Guidance
 Alternatives to Man-Riding
 Planning, Risk Assessment and Toolbox Talks
 Competence
 Types of Man-Riding Winches and their Safety Features
 Associated Equipment
 Certification and Pre-Use Inspection
 PPE
 Harnesses
 Connection Points and Tools
 Communications
 Secondary Fall Protection and Rescue Plans
 Safe Operation
 Practical Exercises

The delegate has also successfully completed written and practical assessments designed to verify and confirm their understanding of the course material

(Training carried out by Denise Bredin)

Certificate

23334/1

Awarded

14th October 2014

Recommended Refresher 15th October 2016



Richard Wilson

Global Operations Manager

SQA Approved A1 Assessor