

2-DAY WORKING AT HEIGHT & RESCUE

Moses James Imoh

SEADRILL

Who has successfully completed a theory and practical based course designed to provide the delegate with an experience of the safe and systematic process for working at height. In addition, the delegate gained the skills required to rescue and recover a casualty hanging in suspension

Theoretical and practical elements of the course comprised:

The UK Work at Height Legislation
Principals of the Hierarchy of Risk
Fall Avoidance
Work at Height Techniques
Selection and Safe Use of Harnesses
Selection and Safe Use of Lanyards and Energy Absorbers
Karabiners and Connectors
Anchor Point Selection
Vertical Lowering of Casualty
Vertical Raising of Casualty
Use of Stretchers
Suspension Trauma

The delegate has also successfully completed written and practical assessments designed to verify and confirm their understanding of the course material

(Training carried out by Denise Bredin)

Certificate

23334/5

Awarded

10th October 2014

Recommended Refresher 9th October 2016

Richard Wilson

Global Operations Manager

SQA Approved A1 Assessor